

FROM THE KITCHEN

EGGS YOUR WAY [GFO, V] \$14

POACHED, FRIED OR SCRAMBLED (+\$2)

SOURDOUGH | MULTIGRAIN | GF (+\$3)

ACAI BOWL [GFO, VG] \$15

ACAI SUPERFOOD MIX, FRESH BERRIES, BANANA,
GRANOLA & COCONUT FLAKES

GOJI BERRIES | NUTELLA | PEANUT BUTTER | CACAO NIBS | +2

PORRIDGE [VG] \$16

POACHED APPLE, RHUBARB COMPOTE,
TOASTED GRANOLA

B.L.A.T [GFO, DF] \$17

BACON, LETTUCE, AVOCADO, TOMATO & AIOLI
ON SOURDOUGH

AVO ON TOAST [GFO, VGO, CN] \$18

SMASHED AVO, FETA, CHERRY TOMATOES &
TOASTED SEEDS ON MULTIGRAIN TOAST

TURKISH EGGS [GFO, V] \$18

BRAISED CHICKPEAS, POACHED EGGS, HERBED
YOGHURT, SPICED BUTTER, TURKISH BREAD

CHILLI SCRAMBLE [GFO, V] \$18

SCRAMBLED EGGS, HOUSE MADE CHILLI OIL,
FETA & FRIED SHALLOTS ON MULTIGRAIN TOAST

SOMMY BENNY [GFO, VO] \$20

2 POACHED EGGS & HOLLANDAISE
WITH MUSHROOMS OR BACON ON SOURDOUGH
SWAP BACON FOR SMOKED SALMON +\$3

DIETARY KEY

[VG] VEGAN [VGO] VEGAN OPTION [CN] CONTAINS NUTS

[V] VEGETARIAN [VO] VEGETARIAN OPTION

[GF] GLUTEN FRIENDLY [GFO] GLUTEN FRIENDLY OPTION

FROM THE KITCHEN

CHECKEN BURGER \$18

FRIED CRUMBED CHICKEN, ROCKET, TOMATO,
BURGER SAUCE, SWISS CHEESE, TOASTED BUN

FISH BURGER \$18

SOUTHERN FRIED BARRAMUNDI, PICKLES, LETTUCE,
TARTARE, BURGER SAUCE, TOASTED BUN

MEXE BOWL [VG, GF] \$19

HOUSE BEAN MIX, AVOCADO, CHARRED CORN,
CHERRY TOMATOES, BROWN RICE, LETTUCE, CORN
CHIPS, JALAPENOS

SOMMY STEAK SANGA [GFO, DFO] \$20

GRASS-FED BEEF, SWISS CHEESE, ROCKET, PICKLED
ONION, RELISH & AIOLI



ADD-ONS

PAIR IT WITH A BURGER \$2.5

CHEESE | PICKLES | JALAPENOS | BURGER SAUCE
TOMATO RELISH | CHILLI MAYO

EGG-CELLENT CHOICE! \$3.5

EGG | HOLLANDAISE | GLUTEN FREE BUN

THIS JUST GOT TASTIER... \$4.5

AVO SMASH | FETA | TOMATOES

THE HOLY GRAIL OF ADD ON'S! \$5.5

HASH BROWNS | BACON | HALLOUMI
MUSHROOMS

STACK ON THE PROTEIN... \$6.5

CRUMBED CHICKEN | SLICED STEAK

BOWL OF FRIES \$11

TOMATO SAUCE | AIOLI | SMOKEY CHILLI MAYO
BURGER SAUCE

MELTS & BAGELS

HGT TOASTIE \$11

SHAVED HAM, TOMATO & TASTY CHEESE ON
SOURDOUGH

HAM & CHEESE CROISSANT \$10

SHAVED HAM & TASTY CHEESE

BREKKIE ROLL \$12

FRIED FREE RANGE EGG, BACON, TASTY CHEESE,
TOMATO RELISH, AIOLI

CHECKEN TOASTIE \$15

HOUSE CHICKEN MIX, ROCKET, PICKLED ONION,
AIOLI & TASTY CHEESE ON MULTIGRAIN

SPECY TUNA MELT \$16

HOUSE TUNA MIX, RED ONION, PICKLES, BURGER
CHEESE, SOURDOUGH

MUSHROOM MELT \$16

ROASTED MUSHROOMS, SWISS CHEESE, ROCKET,
PESTO, AIOLI ON MULTIGRAIN

SMOKED SALMON BAGEL \$16

SMOKED SALMON, DILL SCHMEAR, PICKLED ONION
& ROCKET

REUBEN MELT \$17

PASTRAMI, SAUERKRAUT, PICKLES, SWISS CHEESE,
BURGER SAUCE ON SOURDOUGH



FOR KIDS

KIDS EGG ON TOAST [GFO, V] \$9

POACHED | FRIED | SCRAMBLED (+1.5)

SOURDOUGH | MULTIGRAIN | GF (+\$1.5)

WAFFLE \$9

BELGIAN WAFFLE W/ MAPLE SYRUP & ICE CREAM

CHECKEN BITES & CHIPS \$12

W/ TOMATO SAUCE